

# CAMINO PORTUGUESE

## Way of St James



Embark on an unforgettable Camino adventure through Portugal and Spain with **Global Adventure Travel** in May 2026! Your expert guides, Anita and Charne, will lead the way.



## TRIP DATES

**7 - 23 MAY 2026**

### Psalms 84 : 5-7

And how blessed all those in whom you live, whose lives become roads you travel; They wind through lonesome valleys, come upon brooks, discover cool springs and pools brimming with rain! God-travelled, these roads curve up the mountain, and at the last turn—Zion! God in full view!

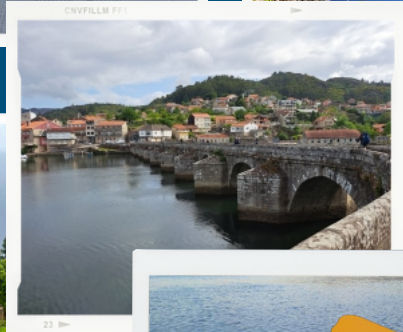
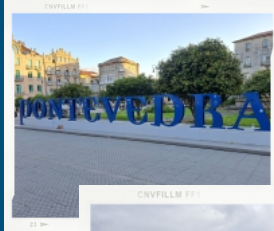
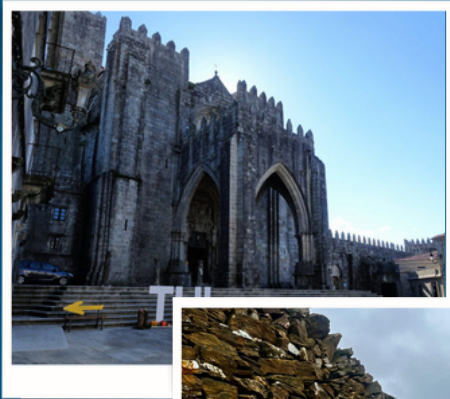


# ROUTE OVERVIEW

Our pilgrimage starts in the beautiful and historically rich UNESCO city of **Porto** in **Portugal**.

From Porto we follow the central route combined with either the coastal or the spiritual route for 13 days to **Santiago de Compostela** in **Spain**. (You will walk an average of 23km per day.)

## SOME OF THE BEAUTIFUL TOWNS



*Camino*



**PORTO** **BARCELOS**

**PONTE DE LIMA** **VALENCA TUI**

**PONTEVEDRA** **PADRON** **PORRINO**

**SANTIAGO DE COMPOSTELA**



# CAMINO QUESTIONS

## *And Answers*

### **1. What should I expect from the group experience on the Camino Portugués?**

As part of a group, you'll benefit from shared experiences, a well-organized itinerary, and the convenience of pre-arranged accommodations and meals. Expect plenty of laughter, meaningful conversations, and perhaps a few tears—while still having time for personal reflection and solitude. It's a wonderful opportunity to connect with like-minded individuals while also carving out space for your own thoughts and exploration.

Throughout our journey, we'll dive into Scripture daily and spend time in prayer. We trust that God will meet each of you in a deeply personal and transformative way.

### **2. How far will we be walking each day?**

On average we will walk 20 to 25 kilometers per day. This is manageable for most people with a moderate fitness level and we make sure to include lots of breaks along the way. The daily stages will be pre-planned, so you don't have to worry about navigation or finding accommodations, as everything will be arranged by us.

### **3. What if I fall behind or need to rest during the walk?**

A group leader will always be at the back to ensure no one gets left behind. We also stop regularly throughout the day to rest and enjoy the journey. If you need additional support or are unable to continue due to injury or other unforeseen circumstances, we can arrange a taxi or bus to take you to the Albergue or accommodation for the night. (Please note, transportation costs will be for your account.)

### **4. Will I have to carry my own backpack?**

Yes and No. We recommend that pilgrims pack a backpack weighing no more than 7kg, so you can comfortably carry it yourself. However, if you prefer, luggage transport is available for an additional daily fee (approximately 10 Euro per day). This service can be arranged in advance for each day or just on the more challenging days when you'd like to travel lighter.

### **5. Do I need to book accommodation separately?**

No, we will book all accommodation in advance. The type of accommodation will vary depending on availability in each town, but typically, you'll stay in a mix of private albergues, guesthouses, or hotels.

### **6. Do I need to carry a pilgrim passport (Credencial)?**

Yes! Even though you're walking as part of a group, you'll still need your Credencial (pilgrim passport) to collect stamps from the places you stop. This is especially important if you plan to receive the Compostela (certificate of completion) at the end of your journey. We will arrange a Credencial for everyone through the South African Confraternity of St James.

## **7. Will I have time for personal exploration during the walk?**

Although the group itinerary will determine where we stay each night, you'll still have free time each day to explore the towns and villages along the way. The best time for exploration is in the early evening, after you've checked into your accommodation and had a refreshing shower. You can take your time sightseeing, visiting local landmarks, sampling regional snacks and drinks, or simply enjoying some peaceful moments of reflection.

## **8. What happens if I get injured or ill during the Camino?**

In the unlikely event of injury or illness, we will assist you in getting the necessary medical care. We strongly recommend purchasing Travel Insurance that covers medical emergencies for peace of mind. If you need help with this, we can arrange affordable Travel Insurance for you. Just let us know!

## **9. What kind of food will be provided along the route?**

Breakfast, lunch, and dinner are included in the cost of your trip. At the start of the journey, you'll be assigned to food teams responsible for coordinating or preparing meals for the day—once or twice during the trip.

Breakfast will typically be a simple meal (such as fruit, muesli, yogurt, and bread), provided by the accommodation or purchased by the food team from a local supermarket the day before. You'll also have the option to pack a lunchbox with supplies bought by the food team, often including something like a ham, cheese, and salad sandwich, along with a granola bar or fruit. We encourage the food teams to get creative with lunch options, while staying within the budget.

For dinner, some evenings will include meals provided by our hosts or the albergues. On other nights, you'll have the opportunity to explore local restaurants for an affordable meal or even try preparing a home-cooked dish, depending on available kitchen facilities.

Rest stops at local cafes during the day are a highlight but are not included in the trip cost. These cafes often offer a wonderful selection of pastries, sandwiches, soups, and coffee at reasonable prices. Please bring some spending money to treat yourself to a coffee or snack along the way. (Estimated cost of coffee: Portugal €1.20–€1.70, Spain €1.50–€2.00).

## 10. What should I pack?

We will provide a complete packing list as a guide. The key is to travel light—bring only what's absolutely necessary so you can fully embrace the simplicity and freedom of the Camino experience.

## 11. Bonus Tip:

Being part of a group offers a wonderful opportunity to connect with your fellow pilgrims, enriching your journey and creating new friendships that may surprise you.

While your pilgrimage will have a bit more structure than that of someone traveling alone, the experience of walking the Camino—full of challenges and rewards—will remain deeply personal. Embrace the camaraderie, but also take time to enjoy your own moments of peace and reflection.





## TRIP COST

# 7 - 23 MAY 2026



**€ 1200 P/PERSON**

Approximately R24 000

(Prices are quoted in Euros due to exchange rate fluctuations.)

**TRIP COST INCLUDES:**

- 13 Days of hiking
- Food (Breakfast and dinners) optional packed sandwiches for lunch for the next day
- 14 nights of accommodation in private albergues
- Schengen visa application assistance
- Camino info guide

**TRIP COST EXCLUDES:**

- Flights and flight administration (Flights will be handled by our in-house travel agency. The estimated cost for flights is R14,000 – R16,000. )
- Travel to and from Johannesburg
- Travel Insurance
- Schengen Visas
- Communications (sim card + internet connection)
- Spending money
- Optional transfer of bags (if needed) at approximately 10 Euro per day.

